



BETTER ATHLETES  
BETTER PEOPLE

# A Rivalry To Be Proud Of

Great rivalries are something to cherish and enjoy. A rivalry to be proud of involves three elements:

- > Intense competition in games, meets or matches
- > Enjoyment of the “Privilege of Participation” in the rivalry
- > Behavior by athletes, coaches and fans that **Honors the Game**.

Honoring the Game gets to the **ROOTS** of the matter and involves respect for

- > **R**ules (refusing to bend the rules to win)
- > **O**pponents (recognizing that a worthy opponent brings out our best)
- > **O**fficials (acting with respect even when we disagree)
- > **T**eammates (refusing to do anything that reflects poorly on our team)
- > **S**elf (living up to our own standards regardless of what others do)

## HOW TO CREATE A RIVALRY TO BE PROUD OF

- > Cheer for your team, not against the opposition.
- > Proudly wear “We Honor the Game Here” stickers for others to see.
- > When others on your side dishonor the game, tell them: “Remember to Honor the Game.”
- > Refrain from gloating if your team wins. Just enjoy it!

For more Resources, visit: [www.PCDevZone.org](http://www.PCDevZone.org)  
For more information on Positive Coaching Alliance, visit: [www.PositiveCoach.org](http://www.PositiveCoach.org)