



BETTER ATHLETES  
BETTER PEOPLE

## Discussion Guide: *Remember The Titans*

*Remember the Titans* is a movie about teamwork, overcoming adversity, sacrifice, and personal courage. It follows the plights of a 1971 high school football team, its coaches, and its city as they struggle for perfection as a racially integrated team.

“According to Greek mythology, the Titans were greater even than the gods. They ruled their universe with absolute power! Well, that football field out there tonight, that’s our universe... Let’s rule it like Titans!”  
– Coach Boone

**Take advantage of the teachable moments presented in *Remember The Titans* by using these questions to help guide a discussion with your team or children.**

- 1.) Coach Boone demands perfection of his team (“drop a pass, run a mile, miss a tackle, run a mile”). Is this an example of positive coaching?
- 2.) How can sports bring some people of different backgrounds and beliefs together, as illustrated in the movie? How can it drive a wedge between others?
- 3.) What was the most difficult thing for the players to adjust to? (Think not just on the football field, but at home as well).
- 4.) Describe some sacrifices made by both coaches as well as Gerry Bertier and Julius Campbell. Why were they willing to make these sacrifices?
- 5.) What elements of injustice and inequality shown in the movie are still relevant today? How can coaches, parents, and mentors use sports to help overcome them?

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