Discussion Guide: *Friday Night Lights*

*Friday Night Lights*, based on a true story and best-selling book, depicts the trials and tribulations of the Permian Panthers high school football team during their quest to win a Texas state title. The film focuses on the conflict between the overwhelming pressure to win-at-all-costs and the bigger picture lessons presented throughout the athlete's experiences.

Take advantage of the teachable moments presented in *Friday Night Lights* by using these questions to help guide a discussion with your team or children.

1.) What does *Friday Night Lights* say about the pressure that parents put on their kids? How does this pressure affect Don Billingsley?

2.) How does the presence of Boobie Miles affect his teammates?

3.) How does Coach Gaines inspire his players? Do you agree with his methods?

4.) What does *Friday Night Lights* say about the importance of winning?

5.) What is important about Coach Gaines’ definition of “being perfect”?

6.) The Permian Panthers have won the state championship many times before. Why do you think they decided to depict this particular season?