

KIDS GUIDE TO THE 2022 OLYMPIC & PARALYMPIC WINTER GAMES



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***KIDS GUIDE TO THE
2022 OLYMPIC
& PARALYMPIC
WINTER GAMES***





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NBC Sports Next,
a division of NBC Sports
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2 Beijing 2022 Participating Sports

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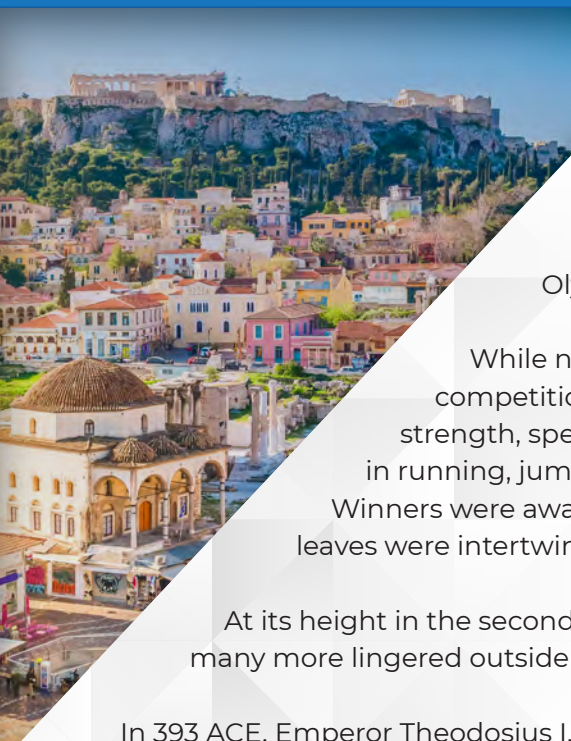
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***OVERVIEW OF THE
OLYMPIC WINTER
GAMES***



ANCIENT GAMES



The origin of the ancient Olympic Games is lost in history, but some say that it began as a commemoration of the god Zeus' defeat of Cronus in a wrestling match for the possession of Earth. Other legends state that Heracles, son of Zeus and the mortal woman Alcmene, founded the Games. Regardless of which event inspired the Games, the first recorded mention of the Olympics was in 776 BCE. The Olympic Games would continue to be held in Olympia, a city in western Greece, until 393 ACE.

While nominally a religious festival honoring the gods, a major part was the competition between young men who wanted to show off their physical fitness, strength, speed, and cunning. For five days, spectators would watch athletes compete in running, jumping, and throwing events, plus boxing, wrestling, and chariot racing. Winners were awarded a crown of olive leaves, also known as "kotinos." The olive branch and leaves were intertwined to form a circle or a horseshoe and placed on the victor's head.

At its height in the second century ACE, 40,000 spectators would pack the Olympic stadium while many more lingered outside enjoying the festivities.

In 393 ACE, Emperor Theodosius I, a Christian, banned all pagan festivals, ending the Olympic tradition after nearly 12 centuries.

Scan the QR code to learn more about the ancient games.



FUN FACTS ABOUT THE ANCIENT GAMES

1

Unlike in modern times, everything stopped for the Olympics—even wars. Warring Greek city-states would call a month-long truce leading up to and during the Games so travelers could safely attend.

2

The ancient Olympic Games were held every four years and always at the same site, the valley of Olympia on the southwestern coast of the Greek peninsula.

3

The English word 'stadium' comes from the Greek word "stade," which referred to a foot race of about 190 meters that was part of the Games.

MAP OF ANCIENT GREECE



*It is 4,738 miles
from Athens to Beijing.*

THE ORIGINAL SPORTS

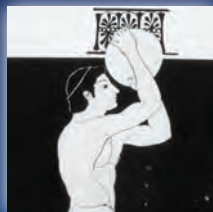
Winter temperatures in Greece don't usually fall below 50 degrees making the original sports of the 'Games' all summer sports. Below are the six sports that were contested during the ancient Games.



BOXING



**CHARIOT
RACING**



**DISCUS, JAVELIN,
LONG JUMP**



PANKRATION



RUNNING



WRESTLING

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BEIJING 2022

***PARTICIPATING
SPORTS***





SNOWBOARDING

ABOUT THE SPORT

Unlike skiing, snowboarding has riders stand on the snowboard with feet positioned perpendicular to the board and its direction. It also differs from skiing in that no poles are used, and the riders generally wear softer, mid-flexing boots for support. Today, there are five different disciplines of snowboarding at the Olympics: halfpipe, slopestyle and big air, disciplines in which athletes are judged on their tricks, and the head-to-head racing disciplines of snowboard cross and parallel giant slalom.



CHLOE KIM

PyeongChang
Olympic Champion

Although too young to compete in Sochi, Kim won gold at the 2018 Olympics in women's halfpipe. Kim has been on the cover of Sports Illustrated, and even has her own Barbie doll that hit shelves in 2018.

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DID YOU KNOW?

Depending on the type of snowboarding you plan to do, there are different types of boards, including freeride, freestyle, and racing.



DRAWING SKILLS

Trace the snowboarder
without lifting up
your pencil.



Scan for more
about snowboarding!



PARA SNOWBOARDING

ABOUT THE SPORT

Para snowboarding includes two events, snowboard cross and banked slalom. Athletes compete in three categories based on their functional ability—SB-LL1 and SB-LL2 for lower-limb impaired riders and SB-UL for upper-limb impaired athletes. Snowboarders use equipment that is adapted to their needs. This system, called classification, ensures the success of an athlete is determined by skill, fitness, power, endurance, tactical ability and mental focus. Classification groups eligible athletes in sport classes according to their activity limitation in that sport.

WORD SCRAMBLE

OEYLLAPO _____

NBOE _____

CNANNO _____

LEXF _____

EALFIPHP _____

BJI _____

TEOYSLPSLE _____

Want to know more?

Visit US Ski & Snowboard at

www.sskiandsnowboard.org and

U.S. Paralympics Alpine Ski at

www.teamusa.org/usparasnowboarding



**BRENNA
HUCKABY**

PyeongChang 2X
Paralympic Gold Medalist

Huckaby made history as the first Paralympian to appear in Sports Illustrated Swimsuit saying, "I want to help change the stigma behind disabilities. I want other [girls], regardless of their body, to know they are powerful."



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FUN FACT



12 Paralympic gold medals have been awarded in the sport, the U.S. claiming the most with six.



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ANSWER GUIDE



ANSWER GUIDE

Modern Games - Page 4

Explore Further

1. Eddie Eagan (USA) - Boxing (1920) & Bobsled (1932)
2. Jacob Tullin Thams (Norway) - Ski Jumping (1924) & Yachting (1936)
3. Christa Luding-Rothenburger (East Germany) - Speed Skating (1984) & Cycling (1988)
4. Clara Hughes (Canada) - Cycling (1996) & Speed Skating (2004)
5. Lauren Williams (USA) - 100m (2004) & Bobsled (2014)
6. Eddy Alvarez (USA) - Speed Skating (2014) & Baseball (2020)

NOTE: Gillis Grafström from Sweden won medals in the Summer and Winter Games in 1920 & 1924. However, the 1920 Summer Games had figure skating as part of the program where he received a gold medal.

Paralympic Classification - Page 16

Classification Groups By Sport

1. Para alpine skiing - Physical (standing & sitting) and visual
2. Para biathlon - Physical and visual
3. Para cross-country skiing - Physical (standing & sitting) and visual
4. Para snowboarding - Physical (leg & arm impairments)
5. Sled hockey - Physical (lower body)
6. Wheelchair curling - Physical (lower body—those who use a wheelchair daily)

Competing Countries - Page 18

For all map solutions, go to: sportsengine.com/competing-countries-map.pdf

Host Countries

Chamonix, France—1924, St. Moritz, Switzerland—1928, Lake Placid, New York—1932, Garmisch Partenkirchen, Germany—1936, San Moritz, Switzerland—1948, Oslo, Norway—1952, Cortina d'Ampezzo, Italy—1956, Squaw Valley, California—1960, Innsbruck, Austria—1964, Grenoble, France—1968, Sapporo, Japan—1972, Innsbruck, Austria—1976, Lake Placid, NY—1980, Sarajevo Yugoslavia—1984, Calgary, Canada—1988, Albertville, France—1992, Lillehammer, Norway—1994, Nagano, Japan—1998, Salt Lake City, UT—2002, Turin, Italy—2006, Vancouver, Canada—2010, Sochi Russia—2014, Pyeongchang, South Korea—2018, Beijing, China—2022

Beijing 2022 Competing Countries

Albania, Andorra, Argentina, Armenia, Australia, Austria, Azerbaijan, Belarus, Belgium, Bolivia, Bosnia and Herzegovina, Brazil, Bulgaria, Canada, Chile, China, Colombia, Croatia, Cyprus, Czech Republic, Denmark, East Timor, Ecuador, Eritrea, Estonia, Finland, France, Georgia, Germany, Great Britain, Greece, Haiti, Hong Kong, Hungary, Iceland, India, Iran, Ireland, Israel, Italy, Japan, Kazakhstan, Kenya, Kosovo, Kyrgyzstan, Latvia, Lebanon, Liechtenstein, Lithuania, Luxembourg, Madagascar, Malaysia, Malta, Mexico, Monaco, Mongolia, Montenegro, Morocco, Netherlands, New Zealand, Nigeria, North Macedonia, Norway, Pakistan, Peru, Philippines, Poland, Portugal, Puerto Rico, Russian Olympic Committee (ROC), Romania, San Marino, Saudi Arabia, Serbia, Slovakia, Slovenia, South Korea, Spain, Sweden, Switzerland, Chinese Taipei, Thailand, Turkey, Ukraine, United States, Uzbekistan

Participating Sports - Page 20

For all participating sports puzzle solutions, go to: sportsengine.com/participatingsports-puzzles.pdf

Opening Ceremony - Page 22

Observations

1. 80 countries or 84 Olympic Committees. Technically Chinese Taipei (Taiwan), Hong Kong, Puerto Rico, and ROC (Russian Olympic Committee) are not countries
2. 15 Olympic sports and 6 Paralympic sports. There will be 109 different Olympic events and 78 different Paralympic events.

Closing Ceremony - Page 24

Observations

1. The flag will be handed to the host city of the next Olympic Winter Games, Milano Cortina, Italy

Alpine Skiing - Page 29-30

For all alpine skiing & para alpine skiing puzzle solutions, go to: sportsengine.com/alpine-para-alpine-puzzles.pdf

Biathlon - Page 31-32

For all Biathlon & para biathlon puzzle solutions, go to: sportsengine.com/biathlon-para-biathlon-puzzles.pdf

Discussion Question

1. Depending on the point in the race, athletes may either be prone (laying down) or standing for their shot. Because race times are tenths of a second apart, a competitor doesn't have the time to remove their skis.

ANSWER GUIDE

Bobsled - Page 33-34

For all bobsled puzzle solutions, go to: sportsengine.com/bobsled-puzzles.pdf

Cross-Country Skiing - Page 35-36

For all cross-country skiing & para cross-country skiing puzzle solutions, go to: sportsengine.com/cross-country-para-cross-country-puzzles.pdf

Compare and Contrast

1. The classic cross country ski method is generally considered easier for beginners, is only suited to groomed trails, and is less strenuous. Skate cross country ski is generally faster and provides a better workout for the athlete. Skate style is very much like inline skating. Classic skis are generally longer and have a wide tip.

Curling - Page 37-38

For all curling & wheelchair curling puzzle solutions, go to: sportsengine.com/curling-wheelchair-curling-puzzles.pdf

Figure Skating - Page 39-40

For all figure skating puzzle solutions, go to: sportsengine.com/figure-skating-puzzles.pdf

Freestyle Skiing - Page 41-42

For all freestyle skiing puzzle solutions, go to: sportsengine.com/freestyle-skiing-puzzles.pdf

Ice Hockey - Page 43-44

For all Hockey & Sled Hockey puzzle solutions, go to: sportsengine.com/hockey-sled-hockey-puzzles.pdf

Compare and Contrast

1. Sled (sledge) hockey athletes use two sticks at the same time. The sticks are dual purpose. One end is curved and used to handle the puck and the other is pointed and is used to dig into the ice to propel the athlete forward. Sticks are just over a foot long except for the goalie who has a slightly longer stick.

Luge - Page 45-46

For all luge puzzle solutions, go to: sportsengine.com/luge-puzzles.pdf

Nordic Combined - Page 47-48

For all nordic combined puzzle solutions, go to: sportsengine.com/nordic-combined-puzzles.pdf

Short Track - Page 49-50

For all short track puzzle solutions, go to: sportsengine.com/short-track-puzzles.pdf

Skeleton - Page 51-52

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Ski Jumping - Page 53-54

For all ski jumping puzzle solutions, go to: sportsengine.com/ski-jumping-puzzles.pdf

Snowboarding - Page 55-56

For all snowboarding & para snowboarding puzzle solutions, go to: sportsengine.com/snowboarding-para-snowboarding-puzzles.pdf

Speed Skating - Page 57-58

For all speed skating puzzle solutions, go to: sportsengine.com/speed-skating-puzzles.pdf

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