

Ten Tips To Build A Coaching Philosophy

From Author Bud Boughton

Harold "Bud" Boughton, known as 'Coach B', is a Husband, father, former college football player, coach and educator, sales professional, former senior executive, and author. He most recently published Coaching Is Teaching At It's Best, a guide for youth coaches in all sports.

1. Set Expectations
2. Be Organized
3. Communicate On Your Players' Level
4. Be A Student Of Your Game
5. Go To Practice With The Right Attitude
6. Teach and Coach Fundamentals!
7. Coach With a "Team First" Philosophy
8. Coach The Heart
9. Remember, It's Not About You!
10. Make It Fun!

While these steps may seem simple, it's the perfect starting guide for those new to coaching in all sports.

